

CT SCANS

WHAT SHOULD I EXPECT?

A CT technologist will escort you into the CT scanning room, where you'll see a table and a large, doughnut-shaped device called a gantry. The technologist will have you lie down on the padded table and make sure you're comfortable. You'll be asked to lie very still during the scan and hold your breath for a short time to minimize any body movement.

During the scan, you might hear a humming noise, but you will not feel anything unusual. You may feel the table move while images are being taken at certain locations of your body. The technologist will monitor you during the entire exam through a window and can communicate with you through an intercom.

The specific details of your upcoming examination will be explained fully by a CT technologist or your cardiologist.

HOW LONG WILL THE EXAM TAKE?

The actual scan portion of the exam, takes only a few seconds. You will be asked to stay still and hold your breath as the CT scanner acquires the X-ray images of your body. Depending on the specific exam, the entire exam may take up to 45 minutes from beginning to end.

ARE IVS OR SHOTS INVOLVED?

Depending on the exam, a solution called "contrast" may be administered with an IV to help improve the accuracy of the examination. Because of this, it is very important to let your doctor know beforehand if you've ever had an allergic reaction to contrast, or if you have any other allergies, especially an allergy to iodine-based products or shellfish. In addition, the technologist will hook you up to a heart monitor.

WHAT IS THE PREPARATION FOR THE TEST?

Please wear a two piece outfit.

Please do not wear boots, jumpsuits, overalls, or a dress.

THE TEST WILL BE PERFORMED AT:

The Cardiac Center of Texas

4201 Medical Center Drive #380

McKinney, TX 75069

Once your appointment has been scheduled it is very important that you keep that appointment. If you are unable to keep the appointment, you must give the office at least a 24 hour notice that you will not be there. Please contact us at 972-529-6939. Our busy schedule requires tight scheduling restrictions, and it would be appreciated if you would notify our office if you will be late for your appointment. We would appreciate your complete cooperation

WHO WILL GIVE ME THE RESULTS?

Your CT images will be interpreted and a report of the findings will be sent to your physician, who will then discuss the results with you.